



MEDICAL QUESTIONNAIRE

Full name/s and Surname:

Briefly explain the reason for your visit

List of current medications

Include any herbal/homeopathic medications as well as any blood thinners such as Aspirin and Disprin cardiacare

Medication	Dosage	Date started
Example: Trustan	40mg twice daily	January 2018

List of medical conditions/procedures

Please note any pathologies, abnormal results or complications

Medical condition/procedure	Date & Doctor	Complications & Abnormal results
Example: Colonoscopy	January 2018 Dr Name	Benign polyp
Example: Stroke	January 2018 Dr Name	Deep vein thrombosis (DVT)

Have you ever had any problems with Anaesthesia or sedation Yes No

Listed Allergies:

Do you drink alcohol: Yes No If yes how much in a week?

Do you smoke: Yes No If yes how many per day?

Do you Smoke Cannabis: Yes No If yes how many per day?

How often do you exercise in a week, and what type of exercise?

Dietary preference: Normal Vegan Vegetarian Pescatarian

Direct Family Medical History

List all hereditary conditions heart & cardiovascular disease, Malignancies (age of diagnosis) and autoimmune disorders

Family member	Diagnosis	Age Diagnosed – indicate if deceased and age
Example: Mother	Breast Cancer	Diagnosed 65yrs, still living now 85yrs

